



# L A T E S U M M E R U P D A T E

P a c i f i c N o r t h w e s t A s s o c i a t i o n  
o f N e o n a t a l N u r s e s

## PNANN WEBSITE goes LIVE!

Special thanks to Laura Castleberry, PNANN member from Valley Medical Center who has worked hard to help us achieve a long-standing goal of an updated, interactive website.

PNANN leaders have been dreaming of this day, and members have been patient in awaiting our emergence to the fully electronic era.



We will be able to offer online conference registration with payment option, and keep updated chapter business information available with just a few clicks.

Please take a moment to bookmark the site and send any feedback or suggestions to us through the contact mechanism.

*Check us out*

*<http://pnann.homestead.com>*

## Conference Highlights

Don't miss the upcoming PNANN Conference. Our topic is promoting development and optimizing the environment for both infants and nurses. We are looking forward to the following presentations: NICU environment and the effects on the infant; family experience in the NICU and building successful partnerships; the

role of neuromotor development in feeding practices; and outcomes of our NICU graduates during the first year of life.

In addition, we are planning a panel discussion of individual room care: highlighting experiences of nurses from local hospitals, finally we have an opportunity to hear

about challenges of providing global neonatal care in Uganda.

Watch for the official brochure coming by mail soon. We have online registration for the first time, great speakers, good food, and the chance to meet and learn from nurses across the Puget Sound area.

**SAVE THE DATE:**  
**PNANN Conference is coming this fall**  
**NOVEMBER 7, 2012 at Valley**  
**Medical Center, Renton**

**September  
2012**

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### Chapter Officers

- **President:** Sharee Squires (UWMC and VMC)
- **President Elect:** vacant
- **Secretary:** Martine deLisle (MMC/TG)
- **Treasurer:** Ann Podruchny (MMC/TG)
- **Member at Large:** Laurie Williamson (Pediatrics)



*Fall is a great time  
to get involved.  
Consider joining a  
committee,  
helping at the  
conference, or  
volunteering for  
ISIS and helping  
lead PNANN.*

**Volunteers needed for the  
PNANN Conference for:**

- Registration
- Food committee
- Raffle set up
- CE process

**Contact Cori**

**[Cori\\_Sawyer@Valleymed.org](mailto:Cori_Sawyer@Valleymed.org)**

## **Message from the PNANN President**

I am often asked the question “Why should I join a professional organization?” My response always includes there are many reasons why a person should join and be active in a professional organization. First, of all it is a great way to remain in the mainstream of your chosen field. A professional organization allows a person to network, further develop as a specialist, earn continuing education credits and gain access to professional journals all in one place. Membership conveys a message of dedication to your chosen profession. It opens doors of opportunities providing a greater exposure to the job market.

A second question I am

usually asked is “How can I access the benefits?” The only true way to reap the maximal benefits of joining a professional organization is to be actively involved. There are several ways to be involved: attending meetings or educational opportunities, volunteering for special projects, submitting articles and running for elected office within the organization. Many times people feel being involved will be too time-consuming and this is not true. Attending a meeting or educational opportunities can mean simply committing to a 2 hour meeting once a quarter. When you run for an elected office you have the opportunity to

work with a board of leaders from around the area, thus building your network to learn about other hospitals and practice issues. The board works together as a team to organize the events of PNANN.

Consider running for an office next year. We need a President-Elect and a Member-at-Large for 2013. Please feel free to contact me; or any board member to learn more about PNANN involvement opportunities. You can also contact us at our website [pnann.homestead.com](http://pnann.homestead.com).

*Sharee Squires*

## **PNANN Elections for 2012**

PNANN Elections were delayed this year. We discovered that NANN had made changes to their recommended chapter bylaws for terms of office, and we are in

the process of updating the PNANN by-laws to match. To our good fortune, Sharee Squires has agreed to run for a second



## ISIS Packathon Days are coming soon!



**ISIS**  
FOUNDATION

PNANN has supported the international efforts of ISIS Foundation for many years, and this is no exception. ISIS is an international non-government organization working with communities and local partners to promote the wellbeing of children and women in Uganda and Nepal. The work in Kiwoko Hospital, Luwero District, Uganda is where PNANN has been most supportive.

In past years we have helped arrange transport and facilitated purchase of medical equipment for suction and oximetry that as neonatal nurses we take for granted, at every bedside, everyday. For the nurses at Kiwoko, the availability of such basic devices is a

luxury. PNANN members often participate in the annual event lovingly referred to as the

Packathon,

whereby donations from area hospitals are sorted and sorted and sorted and then packed up for shipping to Uganda. It is both inspirational and overwhelming to see the community of neonatal care in the Pacific Northwest come together and to gain perspective on the enormity of medical supplies and useful equipment that would otherwise become medical waste in our country.

You can be part of this inspiring event, coming again in October on the 9<sup>th</sup> and 10<sup>th</sup> from 9am-4pm at the Courtyard Hall, Country Village in Bothell.

Whether for a few hours or the whole day, your help is

needed to sort, count, pack, and organize the items. Volunteers are well fed, embraced heartily then put right to work, and so appreciated by the ISIS staff here in Seattle and across the globe.

For more info and to make your RSVP contact Kara Russell or Debbie Lester by phone or email before October 1<sup>st</sup>.

425-967-5115

[kara.russell@isisgroup.org](mailto:kara.russell@isisgroup.org)

[debbie.lester@isisgroup.org](mailto:debbie.lester@isisgroup.org)



Ugandan babies escaping their nests, the world around...

## Elections cont'd from page 2

term as president (for calendar year 2013), Ann Podruchny has agreed to serve another term as Treasurer. These two critical roles provide the anchor for our executive

committee. In addition there are two new candidates on the slate for the positions of Secretary (Alta Kendall from Multi care Medical Center/ Tacoma) and Member at

Large (Laura Castleberry from Valley Medical Center/ Renton). Please see the attached candidate statements and cast your vote to make it official. Written notice of Bylaws changes and approval process will follow at the November Conference.





Pacific Northwest  
Association of  
Neonatal Nurses

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Seattle, WA 98105**

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WE'RE ON THE WEB!  
PNANN@HOMESTEAD.COM

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**Get Connected, Lead the Way: The Power of  
Neonatal Care  
October 17-20, 2012  
Palm Springs Convention Center  
and Renaissance Hotel  
Palm Springs, CA**

## **NANN Conference in Palm Springs**

The NANN conference will be held in beautiful Palm Springs this year. If you haven't attended a national conference recently, now is a great time. The speakers are usually high caliber, the setting is terrific, and the chance to learn about evidence based practices and to apply them to your setting can't be beat. Don't forget that CE requirement that we now have for licensure in Washington State, are you keeping up?

NANN is sponsoring a CHAPTER CHALLENGE for all chapters west of the Mississippi. \$500 to the chapter with the most registrants at the conference, \$250 for the chapter with the highest percent of members at the conference. Be sure note your PNANN membership if you go to NANN.

See the NANN webpage for more info on the conference and other member resources. [www.nann.org](http://www.nann.org)